

REASONABLE & NECESSARY SUPPORTS CHECKLIST

Figuring out what the NDIS considers to be a reasonable and necessary support can sometimes be a daunting task. However, there are some key questions you can ask yourself to help with your understanding of reasonable and necessary supports, and ultimately to help you access the reasonable and necessary supports you need.

If you answer **yes** to the below questions, and the supports are low cost and low risk then the NDIS may consider the support to be reasonable and necessary.

Disability Related

Do you need this support because of your disability?

Yes No

Goals

Can this support help you to work towards the goals and aspirations that have been identified as part of your NDIS plan?

Yes No

Social and Economic Participation

Can this support help you to access employment and participate in the mainstream community?

Yes No

Value for Money

Are the support costs beneficial to your circumstances as well as being considered to be value for money?

Yes No

Effective, Beneficial and Good Practice

Can the support be considered effective based on evidence, provide benefit and be considered good practice?

Yes No

Support Expectations of Family, Friends and the Community Effective, Beneficial and Good Practice

Is this support unreasonable for your informal support system (i.e. family and friends) to provide?

Yes No

Appropriate Funding Body

Is the NDIS the most suitable funding body rather than another system?

Yes No

Top Tip

If you have questions about reasonable and necessary supports, you can contact your First2Care Client Manager or our support team for help.