Impact/Carer Statement

Carers have an important role in the lives of NDIS participants (and eligible NDIS participants). They provide necessary, unpaid care and support to a family member or friend with a disability, offering assistance and support by helping with daily tasks and activities, and often providing emotional, social and financial support as well.

This Impact/Carer Statement template is designed to inform Local Area Coordinator (LAC) or National Disability Insurance Agency (NDIA) representative the nature of the care and support provided to an NDIS or NDIS eligible participant by their **primary carer**.

This template is not compulsory, and can be used as a guide to help carers, as well as family members and friends in a caring role, understand the terminology used by the NDIS. Helping carers consider some of the important aspects that will be discussed during a participants' planning meeting. Carers can choose to bring this template with them, use it as a guide to write their own or to use it as a prompt to verbally describe the aspects of their caring role.

There are eight categories of support to be considered:

1. Daily Living
2. Home
3. Health & Wellbeing
4. Skill Development & Learning
5. Employment
6. Social & Community Participation
7. Relationships
8. Life Choices & Control

For each support category carers should consider, the:

- Nature of support;
- Level of support;
- Time or times each day;
- Frequency per day/per week;
- Number of hours per day/per week
- Days of the week; and
- Resources (e.g. Materials, computer, phone, transport) provided.

Full Name of Primary Carer:
Relationship with Participant:
Full Name of Participant:

Contact our friendly team
P: 1300 322 237
first2care.com.au
E: support@first2care.com.au

Comments:

If you have any questions about this template, don't hesitate to contact one of our friendly staff on 1300 322 273.

CARER STATEMENT ITEMS

💚 Daily Living

This covers assistance with daily living and personal activities, such as assisting the participant getting in and out of bed, showering or bathing, and other daily life tasks.

💚 Home

This covers assistance with household tasks, such as tidying the kitchen or other household spaces, and washing, drying and ironing laundry items.

Health & Wellbeing

This covers 'Improved Health and Wellbeing' under the NDIS, such as personal care, assistance with dietary and cooking needs, cleaning, increasing or maintaining physical mobility as directed by GP or specialist, medication supervision (if required), and mental and other wellbeing practices.

Skill Development & Learning

This covers 'Improved Learning' under the NDIS, and the assistance provided towards learning and education development undertaken by the participant or eligible participant.

Employment

This covers 'Finding and Keeping a Job' under the NDIS, and the activities undertaken by a carer to encourage or assist in the participant or eligible participant finding and maintaining employment.

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Social & Community Participation

This covers 'Increased Social and Community Participation' under the NDIS, such as social activities, classes, and camps. As a carer, describe what assistance you provide to the participant or eligible participants social and community engagement and learning.

Relationships

This covers 'Improved Relationships' under the NDIS, with carers' assisting in the relationship needs of the participant or eligible participant, including what is needed to start, develop and maintain lasting and positive relationships.

Life Choices & Control

This covers 'Improved Life Choices' under the NDIS, by assisting with the participant or eligible participants' choice and control, especially around planning and planning management (for example, engaging a Plan Manager like First2Care to assist with the financial aspects of an NDIS Plan). Consider what kind of control, as given by the participant, that you have regarding things like, accommodation, finances, activities, and social and practical engagements.

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