

# NDIS Glossary: 24 Key Terms Explained



One thing government agencies do well is creating programs filled with a whole new spectrum of technical jargon. Each key term describes an important function or feature within the NDIS that influences how things operate and are understood.

Understanding NDIS buzzwords can be an important way to keep you informed and prepared on your NDIS journey.

## Organisations

- 1. NDIS:** National Disability Insurance Scheme (body that provides the funding).
- 2. NDIA:** National Disability Insurance Agency (that manages the NDIS).
- 3. NDIS Access:** Qualifying for the NDIS or NDIS eligibility.

## Support Plans

- 4. Plan:** Also known as a NDIS Support Plan or Support Plan, is a Participant's support and goal strategy for allocation of funding.
- 5. Agency Managed:** The NDIA chooses what supports they believe are most suitable for you from a list of Registered Support Providers only, and manage your funds to pay for it.
- 6. Plan Managed:** When the financial and reporting part of your plan is managed by your chosen Plan Manager (like First2Care) funded by the NDIS, but you retain control over choosing your supports from both registered and non-registered Support Providers.
- 7. Self Managed:** When you decide to take control of both the support and the financial aspects of your plan. There is no funding provided, but you can choose between registered and non-registered Support Providers.

## Support

- 8. Goals:** Achievements that require support for participants to achieve. For example: maintaining work, physical activity or community involvement.
  - 9. Reasonable & Necessary:** Supports designed to help participants achieve their goals, increase independence, social and economic participation and develop their capacity to actively take part in the community.
  - 10. Capacity Building:** Services and support that assist participants to build their skills and independence.
  - 11. Formal Supports:** Paid supports where a formal agreement or contract has been entered into.
  - 12. Informal Supports:** Support provided by family and friends without any agreement or payment.
  - 13. Safeguards:** A nationally consistent quality and safeguards framework developed to ensure that people interacting with the NDIS where they expect consistent standards and safeguards across Australia.
- ## Supporter Types
- 14. Nominee:** A parent, guardian, other family member or a friend nominated by the participant to assist with the unpaid organisation and managements of supports.
  - 15. Planner:** Otherwise known as a Support Planner / Pre-Planner. This person is engaged to help participants entering the NDIS with their pre-planning.

**16. Local Area Coordinator (LAC):** An organisation that will link you with the NDIS, with information and support in the community and work with the local community to make sure it is more welcoming and inclusive for people with disability.

**17. Early Childhood Partner:** Support to assist children aged 0-6 years, who have a developmental delay or disability, and their families/carers.

**18. Support Coordinator:** A person from a registered organisation who works to find, connect and continue to engage the right supports, and implement your plan to make the most of your NDIS funds.

**19. Provider:** Otherwise known as Support Provider or Service Provider. An organisation who provides programs and individual support for NDIS participants to help them achieve their goals within their Support Plan and their life.

**20. Support Worker:** An individual person you engage to provide one on one support, usually self-employed but may be a sub-contracted employee of a Service Provider.

**21. Advocacy Program:** A support person you engage to help you advocate for the best outcomes within your plan and proposed NDIS funding arrangements and who may help you develop your self-advocacy skills.

**22. First2Care NDIS Plan Management App:** Designed for participants to manage their NDIS

journey from pre-planning to funds acquittal, carers/nominees to collaborate on planning and management, and service providers to connect with and manage their participants' funding.

## Legal

**23. NDIS Price Guide:** A guide that contains the outcomes and projected costs Providers should charge to adhere to the 'value for money' policy of The National Disability Insurance Scheme Act 2013.

**24. The National Disability Insurance Scheme Act 2013:** The legislation which establishes the National Disability Insurance Scheme (NDIS) and the National Disability Insurance Agency (NDIA).

## Who is First2Care?



First2Care is an experienced NDIS Plan Management provider, registered Nationally.

We keep our clients informed at every stage of the process with real time updates of their budgeted expenses within the First2Care App.

## Plan Management with First2Care

First2Care is an experienced NDIS Plan Management provider. With First2Care, NDIS participants will have access to a personal bookkeeping team and professional advisors who provide tailored, meaningful financial services at no extra cost to the participant. With First2Care managing your plan, you're free to achieve your goals and enjoy life. Visit our website, access our free First2Care software platform or speak to one of our Plan Managers today on 1300 322 273.



**NDIS Plan Management**  
**Your Way**



# We'd love to be a part of your support team.

TALK WITH OUR FRIENDLY TEAM  
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